Safer Internet Day

6 February 2018

'Create, Connect and Share Respect: A better internet starts with you.'

Parents & Carers Pack

What is Safer Internet Day?

Safer Internet Day 2018 – Tuesday 6th February 2018

Safer Internet Day is celebrated globally in February each year in over a hundred countries to promote the safe and positive use of digital technology for children and young people and inspire a national conversation. Coordinated in the UK by the UK Safer Internet Centre the celebration sees hundreds of organisations get involved to help promote the safe, responsible and positive use of digital technology for children and young people.

The day offers the opportunity to highlight positive uses of technology and to explore the role we all play in helping to create a better and safer online community. It calls upon young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers, and wider, to join together in helping to create a better internet.

About this pack

This pack for parents and carers includes ideas, information and activities to help you talk to your children about how to use the internet and technology positively and safely.

This pack contains:

	Conversation starters	Helpful questions and phrases to help start a conversation with young people about online safety
	Quick activities	Fun activities that you can do together to explore ways to stay safe and positive when using technology
	Fun things to do	Online activities and resources for parents/carers with younger children
	Pledge cards	These pledge cards can be used by your family to make a pledge about how you will make the internet a better place
	Factsheet	Useful sources of advice and information online, including how to report issues
	Spread the word	Tips and information on how you can play your part and share messages about Safer Internet Day with people you connect with online and offline

Further information

More information about Safer Internet Day and activities taking place across the UK to mark the day can be found at **www.saferinternetday.org.uk**

For more information and advice on helping young people to stay safe online, please visit **www.saferinternet.org.uk/parents-and-carers**

To join in the conversation on social media use the hashtags **#SID2018** and **#itstartswithus**