WEEK 3

|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & 5 \\ & \frac{2}{2} \\ & \frac{1}{6} \end{aligned}$ | Cheese \& Tomato Pizza © Traditional Margarita Pizza | Pork Sausages \& Mashed Potato with Gravy Pork Sausages with Creamy Mashed Potato and Gravy | Roast Chicken with Roast Potatoes \& Gravy Roast Chicken senved with roast potatoes \& gravy | BBQ Chicken Melt with Rice Chicken Filet with a BBQ Sauce topped with Cheese | Breaded Fish <br> Fingers <br> Served with Chips |
|  | Vegetable \& Bean Chilli with Rice 0 <br> Vegetables and Beans served with Rice ${ }^{*}$ | Vegetarian Sausages \& Mashed Potato with Gravy 0 Vegetarian Sausages with Creamy Mashed Potatoes and gravy | Sweet \& Sour Quorn with Rice Quorn Pieces in a Sweet and Sour sauce served with Rice | Macaroni Cheese 0 Traditional Macaroni Pasta in a cheese Sauce | Omelette and Chips © Traditional Omelette served with Chips |
|  | Jacket Potato \# with a choice of Grated Cheese or Baked Beans | Jacket Potato * with a choice of Grated Cheese or Baked Beans | Jacket Potato * © with a choice of Grated Cheese or Tuna Mayonnaise - | Jacket Potato * with a choice of Grated Cheese or Baked Beans | Jacket Potato * with a choice of Grated Cheese or Baked Beans |
| All main meals are served with two vegetables |  |  |  |  |  |
| $\begin{aligned} & \text { b } \\ & \frac{5}{6} \\ & \frac{1}{2} \end{aligned}$ | Jammy Flapiack and Custard | Lemon Muffin | Chocolate and Pear Cake oै | Raspberry Slice | Oatie Cookie |



|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FEIDAY |  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | frlbay |
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| 4$\frac{2}{2}$66 |  <br> Tomato Pizza <br> Traditional Margarita Pizza | Classic Beef Burger in a Bun Served with Chips | Roast Chicken with Roast Potatoes \& Gravy <br> Roast Chicken served with roast potatoes \& gravy | Beef Bolognaise <br> Served with Wholewheat Pasta | Fish Fingers with Mashed Potato Crispy Fish Fingers served with Mashed Potato | 4866 |  <br> Tomato Pizza © <br> Traditional <br> Margarita Pizza | Chicken Tikka Masala with Rice <br> Chicken in a mild curry sauce served rice | Roast Ham with <br> Roast Potatoes <br> \& Gravy <br> Roasted Ham served with crispy Roast Potatoes and Gravy | Sausage Pasta Bake <br> Mini Sausages and pasta, baked in a light tomato sauce | Breaded Fish Fingers Served with Chips |
|  | Chickpea \& Vegetable Tikka Masala with Rice © <br> Chickpea's and vegetables in a mild curry sauce with rice | Vegetarian Burger in a Bun Served with Chips | Cheese and Onion Pasty with Roast Potatoes © Traditional Cheese and Onion Pasty | Vegetarian Meatballs in a Tomato Sauce with Pasta © Vegetarian Meatballs in a Traditional Tomato Sauce with Pasta | Vegetarian <br> Dippers with Mashed Potato <br> Crispy Vegetable Dippers served with Mashed Potatoes |  | Cauliflower Macaroni Cheese © Traditional <br> Macaroni in a <br> Cheese Sauce with <br> flakes of Cauliflower | Cheese \& Tomato Pasta © Pasta in a traditional tomato sauce topped with cheeese | Vegetarian Sausages with Roast Potatoes \& Gravy © Vegetarian Sausages served with crispy Roast Potatoes and Gravy | Vegetarian Bolognaise with Pasta Served with Wholewheat Pasta | Vegetarian <br> Dippers Served with Chips |
| $\begin{aligned} & 40 \\ & 4 \% \\ & 48 \end{aligned}$ | Jacket Potato * with a choice of Grated Cheese or Baked Beans | Jacket Potato * <br> with a choice of Grated Cheese © or Tuna \& Salmon Mayonnaise | Jacket Potato * <br> with a choice of Grated Cheese or Baked Beans | Jacket Potato * <br> with a choice of Grated Cheese or Baked Beans | Jacket Potato * <br> with a choice of Grated Cheese or Baked Beans | $\begin{aligned} & 5 \% \\ & 9 \% \\ & 5 \% \end{aligned}$ | Jacket Potato * <br> with a choice of Grated Cheese or Baked Beans | Jacket Potato * with a choice of Grated Cheese or Baked Beans | Jacket Potato * with a choice of Grated Cheese or Tuna Mayonnaise | Jacket Potato * with a choice of Grated Cheese or Baked Beans | Jacket Potato * with a choice of Grated Cheese or Baked Beans |
| All main meals are served with two vegetables |  |  |  |  |  | All main meals are served with two vegetables |  |  |  |  |  |
| 尔 | Chocolate and Blackcurrant Sponge | Raspberry Slice | Apricot Flapjack | Chocolate and Pear Sponge with Custard | Berry Muffin |  | Mandarin and Lemon Drizzle Cake | Cranberry and Orange Shortbread | Chocolate Cookie | Banana Marble Cake and Custard ${ }^{5}$ | Fruit \& Ice Cream |

## AVAILABLE EVERY DAY <br> Water, salad, freshly baked bread

 yoghurt \& fresh fruit